

# AT HOME

## THE CONQUISTADOR'S WIFE

### THE FOUR AGREEMENTS: MAKE NO ASSUMPTIONS - INSIGHT

The great Toltec civilization thrived for nearly 1,000 years on the central plateau of Mexico. Their wisdom lives on today in "The Four Agreements." One of these teachings—Make No Assumptions—reminds us to be careful before we jump to conclusions about others...or ourselves. Have YOU ever had an Insight and realized that needed to change a belief you held about the world, someone in your life, or even yourself?

**Watch the three stories on the AT HOME: INSIGHT webpage.**

**Then, choose one of these stories and discuss the following questions with your family, teacher, classmates or friends:**

- ◆ What false conclusion did the storyteller come to about someone or something? Can you understand why they made that assumption?
- ◆ How did they discover they were wrong? What did this mistake cost them?
- ◆ By the end of the story, what did they learn? What Insight did they gain about the situation...and themselves? Does their experience remind you of a time when you came to the wrong conclusion about something or someone? If so, what did you learn from your mistake?

**Finally, choose one of these ways to explore an incorrect conclusion YOU made and the Insight this mistake gave you:**

- ◆ Caption a photograph of Insight and explain why you chose it.
- ◆ Create a piece of art work that shows what Insight means to you.
- ◆ Tell your own story of Insight in writing and/or short video.

**Then when you are done, we hope that you will share your work with your classmates and, if you would like, ask your parents or teachers to share your work with us. Together We Grow!**